

### **Grotteredningsaksjon i Verdal**

Cave incident in Verdal

At 13.06 on the 8th of May: Emergency call to the Police that a 60 year old woman is stuck approx. 150 meters into a cave in Tromsdalen in Verdal. The caving trip was arranged by the hospital in Levanger. Rescue teams from the fire department, Red Cross and ambulance service are striving to get the woman loose. The passage where she is stuck is narrow, with room for only one other person. She is getting cold, more help is required. The Norwegian Caving Rescue Organization is contacted. Three local cavers are prepared to step in. At 16.50 the message comes that the woman is free. The episode shows that self rescuing, rescuing by one's own group and precautions against hypothermia is essential.