

**Grottekurs i BOBTOG**

BOBTOG's caving course

BOBTOG, the alpine sport group in Bodø, arranged a caving course in September 2011. The 5 participants were taught about basic rules and equipment, safe caving, ethics, careful caving and cave protection, geology and cave formation and cave maps and documentation of caves before they were taken on 2 cave tours, to Singelhola and to Boristua.