

## Norsk Grotteblad nr 29, Desember 1994

### Harde fakta om tur til Råggejavri-Raige

Hard facts about Råggejavri-raigi

BOBTOG arranged a through trip to Rågge on the 15th - 16th of October 1994. The trip is described in regard to safety, enjoyment and caving ethics. The participants had a couple of notable accidents during the trip: a broken ankle and a cut rope." Lessons from the trip:

- Take pain relievers.
- Never use existing slings if they belong to the belay system
- 7 mm. oval Maillions can usefully be left at anchor points
- Take thin rope (3 mm.) to release the abseil rope
- Ensure good communication, and that everyone understands what is said
- Ensure enough rest; avoid large groups to reduce waiting
- Take a bag for the removal of excrement
- Take a bag for the removal of used carbide.