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En enkel ETT binding av stålwire

Simple SRT Foot Loops from Steel Wire.

The loops are made from plastic-coated-steel wire and give a strong attachment for either Gibbs or Jumars in Ropewalker or Frog-Technique, respectively. They are quickly mounted and released, which is important to shorten waiting at the pitches. For Frog-Technique, one pair of attachments are used; if the Jumar ropes are attached with small karabiners, the foot devices do not need to be taken off at all.